



## A Wellness Idea...

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From West Hants Wellness Committee

### Enjoy the Outdoors at a WH Recreation Site Eldridge Road

Tennis anyone? The Eldridge Road Recreation Site has 2 tennis courts, as well as soccer fields, playground, picnic table and lots of space for games and activities. In other words, there is something for everyone in the family! Pack up a picnic and the family and enjoy some recreational time together. Eldridge Road is in Falmouth, off of Falmouth Back Road.

