



**West Hants**  
something inspiring awaits

## Casual Aquafitness Leader

### Casual Summer Position

**BRING YOUR POSITIVE ENERGY AND BE A PART OF  
NOVA SCOTIA'S NEWEST REGIONAL MUNICIPALITY**

*something inspiring awaits*

West Hants Regional Municipality is a diverse collection of rural & urban communities conveniently located in equal proximity to Halifax, the Valley, and Truro; yet its own cultural blend that brings quality family living, diversity, fun & festivities, and service centres together. If you are enthusiastic and driven and want to be part of a fun, energetic and welcoming team; we're INSPIRED and ask you to keep reading!

We strive to be an inclusive and diverse workforce that is representative, at all job levels, and of the citizens we serve. We welcome applications from Indigenous, Inuit and Metis People, African Nova Scotian's, and other racially visible people, persons with disabilities, members of the 2SLGBTQQIPAA community, and femme-identifying people. If you are a member of one of the equity groups, you are encouraged to self-identify, either in your cover letter or resume.

If you are inspired with this work environment, you are encouraged to apply for our **Casual Aquafitness Leader** position.

The **Casual Aquafitness Leader** is a key member of our summer aquatic team through their ability to host engaging and inclusive aquafit classes at the Hants Aquatic Centre. This position includes planning, welcoming participants, and teaching/adapting fun and engaging aquafit classes. These classes are a valued part of our aquatic programming and our community

#### **What we're looking for:**

- A dynamic and engaging aquafit leader, who has completed their training with a recognized fitness industry training partner such as NSFA, AQFX, CALA, CanFit Pro, WaterART, Zumba etc.
- Current Intermediate First Aid or Standard First Aid and CPR-C/AED
- Experience in planning, organizing and leading aquafitness classes.
- Experience in monitoring and controlling large groups of participants in an aquatic setting.

A copy of the job description can be found below.

Personal information collected through the recruitment process will be used solely to determine eligibility for employment and handled in accordance with the Freedom of Information and Protection of Privacy Act, Nova Scotia.

Qualified applicants are invited to submit their CV or resume with cover letter, merged into one PDF document with **“2026 Causal Aquafitness Instructor”** in the email subject line no later than **Monday, May 18, 2026** to the attention of the **Recreation Program Supervisor** at [beinspiring@westhants.ca](mailto:beinspiring@westhants.ca).



## WEST HANTS REGIONAL MUNICIPALITY

### JOB DESCRIPTION Casual Aquafitness Instructor

**Position Title:** Casual Aquafitness Instructor  
**Department/Division:** Community Development  
**Reports To:** Windsor Community Centre & Aquatic Coordinator  
**Tentative Work Term:** July-August 2026  
**Shift Details:** As per class schedule  
**Classification:** Casual  
**Revision Date:** March 2026

**Position Summary:** Casual Aquafitness Instructors lead top-notch classes that are both inclusive and fun for all ages and abilities by incorporating awesome music and movement that sets the pace and enhances enjoyment for participants.

#### Basic Qualifications:

- Completed training with recognized fitness industry training partner for aquatic fitness.
  - NSFA, AQFX, CALA, CanFit Pro, WaterART, Zumba etc.
- Current Intermediate First Aid or Standard First Aid and CPR-C/AED
- Experience in planning, organizing and leading aquafitness classes.
- Experience in monitoring and controlling large groups of participants in an aquatic setting.
- Current National Lifeguard Certification Pool Option – considered an asset.

#### JOB DUTIES AND RESPONSIBILITIES

- Design and instruct high quality and inclusive aquatic fitness classes according to the standards of the certifying body, the facility, and the West Hants Regional Municipality.
- Exemplify excellent customer service & communication, create a welcoming environment to our diverse community members, provide high quality programming, stay flexible and adaptable, and lead by example.
- Set up music and equipment in advance. Check equipment for safety before use.
- Solicit feedback from participants and respond as required.
- Practice deck safety by using proper footwear, mat, chair and ladders for demonstrations and hydrate regularly.
- Understand pool policies and procedures and schedules and share relevant information through public education and public relations.

- Work co-operatively with fellow staff members and facility staff to ensure that the pool facility and program operate in a cohesive and efficient manner.
- Report all accidents/incidents to supervisor and complete the appropriate forms.
- Maintain all qualifications at a current standard.
- Be reliable, dependable, and consistent.
- Ensure safety of participants by enforcing safety rules, inspecting equipment, facilities, and materials, etc.
- Contribute to the organization and operation of an effective and smoothly functioning program.
- In consultation with the Windsor Community Centre & Hants Aquatic Centre Coordinator, abide by and carry out safety procedures, health, and emergency procedures.
- Other duties as assigned.

### **VALUE DIVERSITY**

Shows and fosters respect for each person whatever the person's background, race, age, gender, religion, level of ability, values, lifestyle, perspective, or interest. Interacts sensitively with individuals and groups in a way that advances the work of the organization.

### **REQUIREMENTS**

#### **Knowledge:**

- Knowledge of policies and procedures and risk management
- Knowledge of anatomy and exercise physiology
- Knowledge of aqua-physics and exercise modifications

#### **Ability:**

- To effectively manage first aid situations.
- To effectively manage all the aspects of delivering aquafit classes including equipment set up, use of music, use of equipment, use of pool space and efficient use of class time.
- To perform at a good level of physical fitness
- To effectively follow policies and procedures
- To provide quality customer service.
- To adapt programs to meet the needs of participants.
- To effectively and positively work in and foster a team atmosphere.
- To effectively communicate orally and in writing.

#### **Personal Suitability:**

- Responsible
- Energetic
- Team worker
- Good Judgment

- Safety Conscious
- Takes Initiative
- Creative
- Dependable
- Responsible
- Confident
- Friendly
- Professional